

Treatment of thyroid disorders with BICOM therapy

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INTRODUCTION

Around 15 % of the German population suffer from enlargement of the thyroid (goitre), around 2 % from hyperthyroidism and around 1 % from hypothyroidism. As a result, thyroid disorders are amongst the most common metabolic disorders.

BICOM therapy can often have a beneficial effect on the course of the disease and relieve the symptoms.

PHYSIOLOGY OF THE THYROID

The thyroid produces two hormones **triiodothyronine (T₃)** and **thyroxine (T₄)** which stimulate the metabolism of virtually all the body's cells and also affect most other endocrine glands. The pituitary gland regulates production of these hormones through a feedback system. The pituitary is, in turn, influenced by the hypothalamus and thus the individual's psychological state (emotions). Hormones from other endocrine glands and medication can also provoke changes in this control circuit. In terms of energy, various pathological influences (radiation, interference fields, scars, allergies, heavy metals, environmental toxins, pathogens) may upset this delicate balance (**Fig. 1**).

Enlargement of the thyroid or goitre (diffuse or nodular) is generally caused by iodine deficiency. The metabolic condition is generally euthyroid. Alongside hormone replacement therapy, bioresonance therapy (BRT) can improve iodine assimilation and metabolisation.

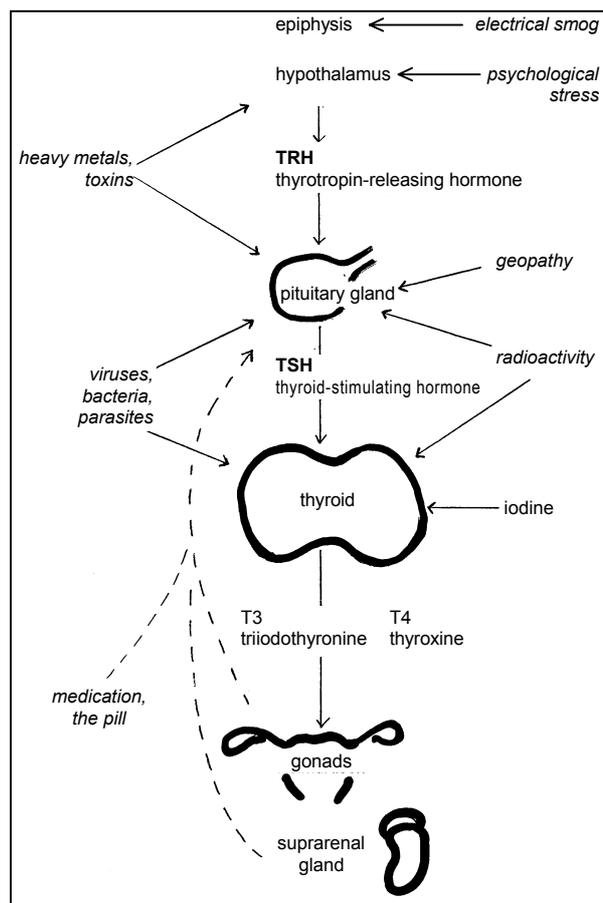


Fig. 1 Thyroid control circuit and stresses

Progr. 311

Input: iodine point, upper edge sternum

Output: modulation mat on the back

Progr. 549

also retards the growth of goitre.

Hyperthyroidism (thyroid overactivity) is accompanied by symptoms of increased metabolism (**Tab. 1**).

Table 1:
Symptoms of thyroid disorders

Hypothyroidism (underactivity)	Hyperthyroidism (overactivity)
weight gain (oedema) tiredness, apathy	weight loss subjective feeling of unrest, nervousness
needs plenty of sleep low blood pressure bradycardia constipation dry, brittle hair intolerance to cold hyporeflexia	insomnia high blood pressure tachycardia at rest diarrhoea outbreaks of sweat intolerance to warmth fine tremor

in both forms:

globus sensation in the neck
hair loss
menstrual problems
loss of potency and libido
depression, panic

The most frequent causes are toxic thyroid adenoma and Graves' disease.

Toxic thyroid adenoma is a benign nodule which produces thyroid hormones independently and consequently unregulated by the pituitary. In orthodox medicine surgical removal is generally recommended, alternatively thyroid depressants or radio-iodine therapy.

Graves' disease is an auto-immune disorder. Hormone production by the thyroid cells is stimulated by thyrotropic antibodies, likewise independent of the control of the pituitary (**Fig. 2**).

As the disease generally progresses intermittently, thyroid depressants are usually administered until the next remission. If the disease is more protracted, the tissue is reduced with radio-iodine therapy.

Hypothyroidism (thyroid underactivity) exhibits symptoms of a slowed-down metabolism (**Tab. 1**). The most common cause of the acquired form is the destruction of thyroid cells by auto-antibodies as in **Hashimoto's thyroiditis**. This is also an auto-immune disease (**Fig. 2**).

Orthodox therapy consists of replacing thyroid hormones.

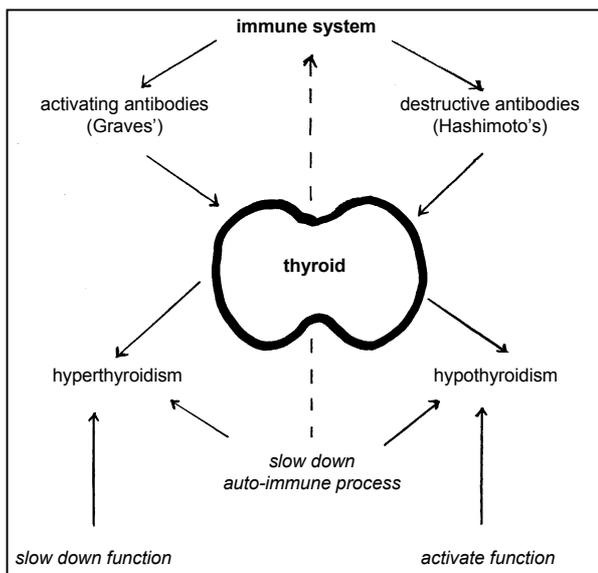


Fig. 2 Thyroid and immune system

“ENERGETIC THYROID DISORDERS”

The injection of a local anaesthetic (e. g. procaine) in the thyroid lobe has long been practiced in neural therapy.

This provides a therapeutic impulse to regulate the energetic endocrine imbalance. This technique has not only been shown to support active thyroid disorders but also to relieve “thyroid-like symptoms”, where there is no evidence of structural changes and laboratory tests are normal (globus sensation, anxiety, nervousness, palpitations and other vegetative symptoms). Similar results can be obtained with BRT without the need for injections (which can be unpleasant for some patients).

ENERGETIC DIAGNOSIS

As with all chronic diseases, the holistic therapist searches for the “hidden causes” of thyroid diseases.

The “pituitary – thyroid” system is highly sensitive to electromagnetic radiation (**geopathy, electrical smog**) and to **radioactivity**. Consequently careful testing and clean-up is necessary with all thyroid disorders.

Scar interference fields in the throat and head area, including the teeth and tonsils, constitute therapy blocks just as frequently as “remote foci” in the true pelvis.

Heavy metal deposits (e. g. mercury) in the glandular tissue or evidence of information from **environmental toxins** (formaldehyde, wood pre-

servatives) are not uncommon. Metabolic toxins from **viruses, bacteria, fungi and parasites** can also harm the glandular tissue directly or trigger auto-immune processes.

Auto-immune disorders are frequently accompanied by **chronic allergies** (often cow's milk) (**Tab. 2**).

Table 2

Energetic diagnosis with thyroid disorders

geopathy, electrical smog
 radioactivity
 scar interference fields
 (head, throat, lower abdomen, kidneys)
 chronic (central) allergies (cow's milk)
 heavy metals (mercury)
 environmental toxins
 chronic viral infections
 mycoses, parasites

BIORESONANCE THERAPY

The treatment plan consists firstly of treating the stress factors found and secondly of applying tried and tested stabilising therapeutic programs. We have also had positive results through starting with Sissi Karz's therapy system (basic therapy searching for the frequency of the primary focus, treatment of the mandibular joint, nutrient points) and then eliminating the remaining stress factors.

The position of the input and output electrodes should be tested out individually for the therapy programs. The thyroid often has to go in the input (as well). Always use endogenous humours (blood, saliva, etc.) as well!

In addition to therapy programs specific to the thyroid (934, 548, 549), programs for hormonal regulation (980, 981, 934) and pituitary regulation (916) are also used. Owing to the energy and hormonal relationship with the suprarenal glands and gonads, support is also frequently needed here (480, 481, 482).

Chakra therapy using information from colours and precious stones stabilises the whole energy and hormonal system and smoothes the way for further specific therapies.

As with all auto-immune disorders, immune stimulating programs should be avoided and toxins should only be eliminated slowly and gradually, carefully testing and observing the patient's reactions.

Orthodox treatment is often unavoidable with **active hypo- or hyperthyroidism**.

However, there are numerous **latent, subclinical** forms with laboratory test results around the threshold level or up only slightly.

Aims of bioresonance therapy

- retardation or regression of goitre on low doses of medication
- stimulation of remaining intact thyroid tissue with hypothyroidism
- slowing down the auto-immune processes
- prevention of hyperthyroidism advancing or acceleration of remission
- relieving the patient's subjective symptoms, including where the autonomic nervous system is disturbed
- as the disease is generally chronic, the patient often needs long-term therapy. Following initial intensive (generally weekly) treatment for therapy blocks and chronic stresses, "refresher treatment sessions" at less frequent intervals are beneficial later.

Table 3

BICOM therapy for thyroid disorders

Rectify stress from geopathy and electrical smog
 Eliminate radioactivity
(Radium bromatum D200)
 Eliminate scar interference (910)
 Stabilise meridians (TW, KI, SP?)
 Restore natural intestinal flora
 Treat chronic allergies
 Eliminate heavy metals, toxins
 Eliminate viruses, fungi, parasites

BICOM programs

*Test input and output electrodes as far as possible!
 Usually "thyroid" in input as well.*

with goitre: *progr. 549*
progr. 311 (iodine point)
 with hypothyroidism: *progr. 934*
 with hyperthyroidism: *progr. 548*
 hormonal regulation: *progr. 980, 981, 934*
 pituitary regulation: *progr. 916*
 to support kidneys: *progr. 480, 481*

Chakra therapy!

External frequency patterns
 (combined test technique, VTT, Medisoft)

PSYCHOSOMATIC ASPECTS

The thyroid has energy links to the throat Chakra (4). Amongst other things it controls the transition from the (physical) internal to the external world. Blocks make it harder to process **impressions** and impede **expressiveness** (speech, self-assurance, personal freedom). **Feelings of guilt** which have not been dealt with “constrict the throat” and “take the breath away” (*thyroid = “guilt gland”?*^{*}).

CASE STUDIES

Patient H.D., female, aged 56

Diagnosis

Hyperthyroid Graves' disease with goitre, chronic sinusitis. *Feeling of pressure on throat, subjective feeling of unrest. Neo-Thyreostat discontinued as not tolerated.*

Test

Geopathy, hormone imbalance
Allergy: cow's milk, house dust, mould

Therapy

29.06.00: 980, 981, 916,
1 Thyreo-Loges tablet 3 times
27.07.00: 980, 981, 916, 548
29.08.00: *subj. improvement, feeling of pressure reduced*
T₃, T₄ normal, TSH up to threshold level
934, cow's milk treated
Firstly: sessions twice monthly
Nov. 2000 - sessions once a month:
Mar. 2001: programs 980, 981, 934 several times
cow's milk, house dust, mould treated

Occasional slight feeling of pressure in throat, otherwise subjectively *virtually symptom-free!*
T₃, T₄ normal, TSH up to threshold level.

Currently “stabilising therapy” every 6 months!

* in German also a word play:
Schilddrüse (thyroid) =
“Schulddrüse” (“guilt gland”)

Patient M.E., female, aged 47

Diagnosis

Euthyroid Hashimoto's thyroiditis, recurrent arthritis, chronic sinusitis, migraine-like headaches, menopausal symptoms, functional dyspepsia, *“feels weary and ill”*.

Test (11.12.00)

Geopathy, hormonal imbalance, interference from tonsillectomy scar on both sides, intestinal mycosis, house dust allergy.

Therapy

Changed sleeping area, natural intestinal flora restored.

15.01.01: tonsillectomy scar interference removed 910, 700, 980
29.01.01: *feels mentally stronger, fewer stomach aches*
910, 700, 480, house dust therapy 979
05.02.01: 700, 980, 981, house dust therapy 944
no more headaches
13.03.01: 700, 980, 981, 934
feels in good health subjectively
17.09.01: 132, 980, 981, 934, 922
no more arthritis
18.02.02: 130, 980, 981 922,
525 (inflammation of the eye)

Since then largely symptom-free!

Patient G.E., female, aged 57

Diagnosis

Immune thyroiditis, latent hypothyroidism, chronic cervical syndrome, previous amalgam clean-up.

Test (11.06.01)

Geopathy, cow's milk allergy, mercury contamination, hormonal imbalance.

Interference fields: cervical spine, sacrum, stomach, uterus.

Therapy

Sleeping area changed!

- 30.07.01: GT 124, 810 Hz (toxin elimination),
331 (stomach),
934 (hormonal imbalance)
- 27.08.01: 934, 130, mandibular joint 530/570
- 17.09.01: 700, 130, mandibular joint 530/570,
milk (530)
- 22.10.01: 135, 572, 980, 981, 934
- 19.11.01: 135, 943, 980, 981, mandibular joint
- 27.11.01: T_3 , T_4 normal,
TSH up (latent hypothyroidism)
- 23.04.- 6 treatment sessions 980, 981, 934
- 03.06.02:
- 12.06.02: infected tooth (26) removed, scar 910
- 28.06.02: T_3 , T_4 , *TSH normal (euthyroidism!),*
subjective feeling of good health
- 27.01.03: T_3 , T_4 , *TSH normal*
- 30.06.03: *had emotional problems (daughter!) in*
the meantime, considerable hair loss,
 T_3 , T_4 normal, *TSH up (latent hypothy-*
roidism), 1 L-thyroxine 25 once
- 11.08.03: 922, 916, 934, 980, 981
- 08.09.03: *had racing heart*
900, 904, 922, 980, 981
- 25.10.03: 922, 980, 981, 934
- 18.12.03: inflammation of the eye 526, 812, 520,
no more hair loss, no more subjective
symptoms.
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