

## Individual pain therapy using the body's own information

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### 1. INTRODUCTION

Pain therapy using the BICOM device is one of the most rewarding forms of treatment, if successful. The patient comes to the practice in pain and within a short period of time (hours, days or weeks) the pain has been alleviated and in many cases has disappeared altogether!

The general therapy recommendation is:

I: Location of pain

O: Modulation mat on back

Programs (following test): 911, 918, 133, 425/426 alternately

This method often helps, but not always ...

Each patient has their own, individual pain and it is important to look more closely at this pain and talk to the patient about it.

- When did the pain first start?
- In what physical or emotional state is/was the patient?
- Is the pain the result of an accident, fall, stress, cramp or poor posture?

There can be a number of different causes of pain and these can be important in terms of the treatment administered.

A functional interference or organ-related disorder may radiate a pain to an entirely different area, far removed from the place of origin (Table 1). It is often helpful to know how organs relate to sections of the spinal column such as Head's zones, cupping areas, the meridian therapy points etc. On the other hand, interferences in joints or vertebrae may be the cause of pain in certain organs. Emotional stress may make the pain more intense. An emotion can "install" itself energetically in the cells

and "feed" the painful conditions over a number of years. Perception of the pain is very subjective. To better assess this the patient should be allowed to rate his personal sensitivity to the pain on a scale of 1 to 10 before and after therapy.

**Table 1**  
**Energetic relationships**

<u>Location of pain</u>	<u>Organ</u>
Neck	Kidney or stomach
Right shoulder	Gall bladder
Left shoulder	Heart
Shoulder blade	Lung
Elbow	Liver
Wrist	Spleen/pancreas
Hip	Intestine
Knee	Gall bladder
Ankle	Bladder

### 2. PRACTICAL METHOD

In the case of **acute** pain, targeted pain therapy may begin immediately after basic therapy.

In the case of **chronic** pain any potential therapy blocks (radiation stress, scar interference fields, meridian blocks, mandibular joint blocks) should first be removed since subsequent pain therapy will work more effectively and the effect will be longer-lasting.

**Treatment of the mandibular joint** (program 530/570) is particularly effective in this case. For example, the shoulder and neck muscles in migraine patients often relax which then has a positive effect on the entire back and posture. Relaxation of the spinal column and joints releases a physical and emotional feeling of wellbeing in many patients.

## Individual pain therapy

During kinesiology testing the **change in the indicator** is a deciding factor.

1. Patient places hand on location of pain, indicator muscle tests weak
2. Therapist looks for the “origin” of the pain with their hand, indicator muscle tests strong
3. Patient places hand on “origin”, indicator muscle weak
4. Search for organs, joints, vertebrae, teeth, which are connected to the origin of the pain, indicator muscle strong
5. Hand placed on origin again, indicator muscle weak;  
Test the localisation of the input electrode, indicator muscle strong
6. More input electrodes necessary? yes/no
7. Test the localisation of the output electrode, indicator muscle strong
8. Modulation mat or another electrode?
9. More output electrodes necessary? yes/no
10. Which secretion in input cup?
11. In output: chip (one or several?), BICOM oil, BICOM minerals?
12. Test programs:
  - Pain program? 911, 918, 133, 425/426
  - Meridian/organ-related program?
  - Programs for inflammation/scar/shock? 922, 910, 900, 432
13. Test therapy time
14. Further programs necessary?
15. If required, test individual program:
  - H+Di, Ai, Di, H
  - All frequencies, run, individual frequency
  - Optimal amplification
  - Therapy time
16. Test localisation of chip and rub in BICOM oil
17. Test dose of BICOM minerals
18. Further support necessary (dependent on therapist’s level of training)?  
Bach’s flower therapy, gemstones, aromatics  
...

This method is time-consuming but the results are often impressive and amazing.

## 4. CASE STUDIES

### Case 1: A. H., female, aged 34

For more than 10 years – chronic lumbar syndrome, acute worsening for several days.

#### Kinesiology test

- hand on location of pain (lumbar spine) (–)
- search for “origin”: coccyx (+)
- hand on coccyx (–)
- connection with uterus (+)

#### 1<sup>st</sup> therapy

I: abdomen (uterus)  
O: modulation mat lumbar spine/coccyx

Progr. 911 (nerve pain)  
980/981 (hormonal system)  
370 (gall acute, anger?)

*Free from pain immediately afterwards!*

After 3 days acute pain in left kidney area. Unable to sleep because of the pain.

#### 2<sup>nd</sup> therapy

I: left kidney (flex.)  
O: uterus (flex.)  
Progr. 922 (acute tissue)  
900 (vitality)  
911 (nerve pain)

Followed by Bach’s flower therapy.

*Free from pain ever since!*

### Case 2: H. L., female, aged 45

Fell down the stairs 6 months ago, since then experienced permanent pain from the left side of the head to the thoracic spine and left thigh to the knee. No improvement after medication and physiotherapy.

#### Kinesiology test

- hand on left side of head (–) *origin!*
- connection with left knee (+)
- and gall bladder (+)

#### 1<sup>st</sup> therapy

I: left side of head (flex.)  
O: left knee (flex.)  
and right epigastrium (gall bladder)  
Progr. 911, 370 (3x)

## *Emotional reaction:*

- *Tears of joy, the feeling of having a heavy burden lifted from her*
- *Patient amazed by the flower therapy test (family stress)*
- *Pain-free the following day!*

## **Case 3: I. M., male, aged 40**

Ligament damage to left ankle joint in a motor-bike accident, followed by constant stress-related pain, especially when dancing (tango!); persistent cervical pain following whiplash injury.

### 25.4.05

I: right hand  
O: left foot and cervical spine  
Progr. 910, 922, 900, 581  
Chip on cervical spine vertebra 6/7

### 2.5.05

*Pain and tension in cervical spine more intense, foot better.*

1. I: right foot  
O: left foot and cervical spine  
Programs 910, 900
2. I: cervical spine vertebra 7  
O: coccyx  
Frequency test 30 kHz,  
Progr. 820 (fumaric acid)  
4 chips

### 10.5.05

*Pain and tension better.*

1. I: left foot  
O: right hand and mat on back  
Programs 910, 927
2. Mandibular joint treatment (both sides)  
Programs 530/570

### 24.5.05

*Continues to improve.*

1. Basic therapy 124  
Frequency test 133 kHz  
Program 929 (fever?)

*Following this, pain on outside of right thigh.*

2. I: stomach and sacrum  
O: right thigh  
Program 918  
Bach's flower therapy "Oak"

*No more pain!*

### 13.6.05

*No pain, slight tension in lumbar spine.*

1. I: stomach  
O: mat on thoracic spine/lumbar spine  
Programs 581, 584
2. Mandibular joint treatment (both sides)  
Programs 530, 570

*Following this, free of pain and dancing again with fervour ...*