

Use of the BICOM cupping electrode therapy to treat hypertension

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I first learnt about cupping by taking part in the user days run by Regumed. Although "cupping" was a term I was familiar with and I had some idea of what was involved, the excellent presentations given by Frau Brügemann reinforced my intention to use cupping in my practice.

Anyone who, like me, has worked for more than 35 years with patients (I am a paediatric nurse and naturopath) often has the feeling that there must be an alternative to having to resort to chemicals. And even physiotherapy can often be painful, especially in the shoulder/neck region and the chest and lumbar spine, quite apart from the fact that detoxification is completely disregarded when using physiotherapy as the sole treatment.

I also treated myself to some informative literature, e.g. "Die Kunst des Schröpfens" [The Art of Cupping] by Hedwig Piotrowski-Manz (ISBN 3-8304-9091-7). She uses cupping for a number of illnesses, ranging from the joints to disorders relating to the sexual organs. In studying the book I was extremely surprised at the variety of options and areas of application covered by cupping. Of course, there are other authors who write on this subject and the aforementioned book is just one example.

I tentatively asked my patients whether they would consider using this method. I explained it in detail, stressed the benefits and made clear that it was a quick option for easing their symptoms.

Some patients had already heard of it. Others – especially older patients – knew of cupping from bygone days.

One female patient explained to me that cupping is very fashionable amongst Hollywood stars and that they deliberately have the imprints left by the cupping glasses on show on their backs. Since I don't read the gossip columns I can't comment on this, but there couldn't be a better advert for our method of treatment.

I will now give you details of a number of particularly impressive case studies:

CASE STUDIES

Case 1: M. O., female, born 1951

In October 2006 this patient came to me as she wanted my help with regard to a skin complaint on her face.

After a lengthy meeting and a few failed attempts at allergy treatment (strips of sticky tape with dust from the workplace and home, since testing did not really produce any results) we got round to discussing the patient's problems with high blood pressure (no medical or pathological evidence, either organic or blood-chemical).

For some 10 years the patient had been suffering from primary high blood pressure and in this case her diastolic pressure in the morning was always above 100 mm Hg. She was treated by a specialist in internal medicine with four different types of blood pressure drug. I then suggested to the patient that we try cupping and blood cupping.

To begin with (from October to December 2006) I used cupping every 14 days, treating alternately

her high blood pressure,

i.e. **the Lung Circulation DV 4 point and the Heart DV 6 point left of the spinal column** (Book: Piotrowski-Manz Page 112),

and her menopausal symptoms,

i.e. **directly on the 7th cervical vertebra, the kidney point LS 2 and the ovarian zone LS 5, each on both sides** (Workbook by Regumed).

After this time her blood pressure fell to 150/90 mm Hg. The patient was able to stop taking two of the four types of blood pressure medication.

Afterwards I used cupping at three and four-weekly intervals, but still alternating between hypertension and menopausal symptoms.

The patient's blood pressure has since been around 130/80 mm Hg and she only takes one form of medication. In May 2007 I saw the patient for the last time and she was doing well. Her blood pressure has now returned to normal.

A meeting with a specialist in internal medicine in the meantime did not produce any great findings, except for my colleague's remark "well, if you like". He also stopped bothering with the medication, but did arrange for a thorough blood examination which produced negative pathological results.

Treatment programme:

- **Basic program after conductance reading**
- **Program 136 cupping x2 (1x dry, 1x wet), alternating every 14 days between lung/circulation & heart and menopausal symptoms**
- **Afterwards, a few goodies based on the symptoms presented, via the modulation mat.**

At this point I must add that I work with *Multisoft* and therefore have the opportunity to use *goodies*. They are found in the *BICOM test* under Recipes and can round off a therapy session nicely. Many thanks to colleagues who gave us this option. I even use them myself now and then.

Case 2: J. H., male, born 1966

The patient was a heavy smoker and drank a lot of coffee (15-17 cups), blood pressure on average 180/100 mm Hg.

He actually presented for anti-smoking therapy in June 2007 and happened to mention his other health problems.

After anti- smoking therapy, nutritional advice and cupping his blood pressure was 130/80 mm Hg.

In July 2007 the patient visited an ENT specialist because he frequently experienced a blocked nose, especially at night. The ENT specialist immediately advised surgery without making a real diagnosis.

Testing revealed that he had a wheat allergy and an allergy to cat, dog and horse hair which was treated in August 2007.

Allergies are often masked in smokers. Smokers are known to cough more and their eyes occasionally water, and naturally no connection is then made with an allergy. The fact that the paranasal sinuses are attacked also comes as no real surprise.

The patient comes into daily contact with animal hair and has been symptom-free since treatment.

Treatment programme (cupping):

- **Basic program after conductance reading**
- **Program 136 cupping x2 (1x dry, 1x wet), Lung/circulation areas and heart combined with sacrum/bladder or with kidney/triple warmer or with spleen-pancreas/stomach, alternating every 14 days.**

Over the course of time I have had several smokers as patients who have had similar experiences. Some have since successfully undergone allergy therapy, while others remain unsure whether they can abstain as required.

Case 3: N. T., male, born 1944

The patient came to my surgery in February 2007 complaining of sleeplessness, itchy skin, various intolerances and also raised blood pressure. His hypertension (between 150 and 160 over 90 mm Hg) was not yet being treated with medication. The patient was, however, being monitored by his GP. He also complained about pain in his small joints, particularly his hands.

Testing revealed that he had an allergy to white flour and a strong heavy metal stress. The patient had worked for some 35 years in metal processing as a welder.

With the available Bicom programs for detoxification we only made very slow progress. You know that patients are very impatient, especially if they have tried various ways of getting help.

Since this patient was one of those people who only believe it is helping if it tastes bad and causes pain, I suggested cupping to him. He was somewhat disappointed to find it didn't hurt. On the contrary, he actually found it very pleasant.

The detoxification worked better through the cupping and his blood pressure was normal (140/80 mm Hg). Even the small joints in his hands didn't hurt anymore. The patient now only still had problems sleeping.

Of course, beforehand I also treated the wheat allergy in accordance with our familiar methods.

Overall, the therapy lasted until May 2007.

Treatment programme:

- **Basic therapy after conductance reading**

- **Program 136 cupping x2 (1x dry, 1x wet), liver regions, spleen-pancreas/stomach, kidney/triple warmer and lungs/circulation**
- **Everything repeated weekly**
- **Followed by goodies.**

Case 4: C. K., male, born 1933

This patient suffers, unlike the other cases highlighted, from hypotension. His blood pressure is normal at around 115/75 mm Hg, but a sudden increase to 180/100 mm Hg persuaded him to visit his GP. A thorough examination, blood and apparatus diagnosis did not reveal any unusual or unexpected results given the patient's age. The doctor treating him prescribed medication to reduce his blood pressure (1 tablet in the morning). The patient is not overweight, nor has he any other symptoms. He is a non-smoker and very sporty (trains three times a week). After taking this medication he did not feel well, i.e. his blood pressure was high, reaching 180/95 mm Hg at times and was sometimes much too low at 105/65 mm Hg and his general health was suffering. The doctor could not find a plausible explanation for this and recommended that the patient take just half a tablet. In the end the patient asked for my help. He came to my surgery in September 2007.

I suggested cupping therapy to him and he agreed. At the same time I treated a chronic stomach complaint which I had treated at an earlier session and which kept recurring.

After the initial session his wife called the following morning and reported that her husband felt much better and was mowing the lawn. I then repeated the therapy twice more within 4 weeks.

The patient is feeling well at present. His blood pressure no longer fluctuates. However, he continues to take the half tablet for reducing blood pressure.

Treatment programme:

- **Basic therapy after conductance reading**
 - **Program 136 cupping x2**
(1x dry, 1x wet),
Cupping glasses in DV 4 and DV 6 area as well as stomach reflex zone
(see connective tissue massage reflex zones)
 - **Followed by goodies.**
-

General experiences with Bicom cupping electrode therapy

Goodies are unfortunately only available to colleagues who work with *Multisoft* in conjunction with the Bicom device. They can be found in the *BICOM test* under the Recipes section.

Colleagues who do not work with *Multisoft* can, however, still run supporting programs in connection with cupping which suit the clinical picture of the patient, e.g. program 900 (activate vitality), 580 and 581 (energy block) or others.

As a result of this experience I started using cupping on other patients relatively soon and just as successfully. Cupping techniques can be combined well with detoxification to treat hypertension, particularly in stresses caused by chemical substances and heavy metals. In the case of heavy smokers who successfully completed anti-smoking therapy with me and wanted a quick detoxification, cupping proved successful. In the cupping glasses a yellowy-brown deposit can be seen which is very difficult to remove (similar to the deposits left on windows in houses where smokers live).

In conclusion, I can say that cupping in conjunction with Bicom bioresonance therapy works very well for patients whose reactions are blocked.

In order to safely find the cupping regions we can refer back to the aforementioned book by Piotrowski-Manz. When first starting cupping therapy the workshop brochure "BICOM cupping technology in everyday practice" is recommended.

Some of you have no doubt already taken part in a User Day which goes into a lot of detail about this as well as giving practical demonstrations. In this volume you will find precise anatomical drawings and cupping zones. The practical process is described very well there. On the "Function circuits and reflex zones" poster by Regumed the cupping and connective tissue massage zones are also set out very clearly and are a useful guide.

Thanks to the technology provided by Regumed in the form of a small vacuum pump, we also have the opportunity to start cupping without the need for much practice beforehand. Other methods for producing a vacuum in cupping glasses require manual dexterity and plenty of practice.

It is recommended nonetheless that you study the relevant literature and this is indeed imperative in order to understand the complexity of this method of therapy and to deliver it to the patients.

Benefits of cupping therapy

The unrivalled benefit of cupping therapy is that it has practically no side effects, apart from the marks left on the treated areas of the body. It has a regulating effect on dysfunctions within the body, combats pain and cramps, aids circulation and prevents inflammation.

Cupping consists of two components: on the one hand there is segment therapy, whereby the area where the cupping is carried out is key, and on the other hand there is change therapy, whereby the let blood acts as a stimulus.

Segment therapy uses the Head's zones, i.e. through the connection between skin

and organ. Neurovegetative dysfunction and organ-related disorders are therefore influenced through the nervous system. We can take advantage of this therapy if through cupping we place these stimuli on the points to the left or right of the spinal column or right and left of the spinal column for the individual organs.

Without doubt cupping helps the body's natural efforts to maintain and restore health and complements other methods of healing because of its quick and reliable action. Also, it is never the case that just one organ is treated – it is always the whole person.

For women experiencing the menopause cupping can be a good form of support in coping better with climacteric symptoms. At this time of life in particular there are often noticeable increases in blood pressure which are probably attributable to the changes in the body as a whole. Cupping therapy aids, on the one hand, the detoxification process which can no longer rely on the menstrual cycle, and in addition it allows us to regulate blood pressure by natural means.

In addition I use homeopathic complex agents and make good use of Schuessler

salts. Magnesium phosphoricum D6 is my absolute favourite because it counteracts all the negative effects of stress. And who can say they don't experience stress these days?

Since most of my patients are on far too much medication, I try not to prescribe any more. On the contrary, as explained in the first case study, I try to reduce their level of medication and make sure that the patient does not end up on medication in the long term.

It is true, of course, as Hildegard of Bingen once wrote, that *"Cupping produces faster results in the young than in the old because their juices have a stronger flow."*

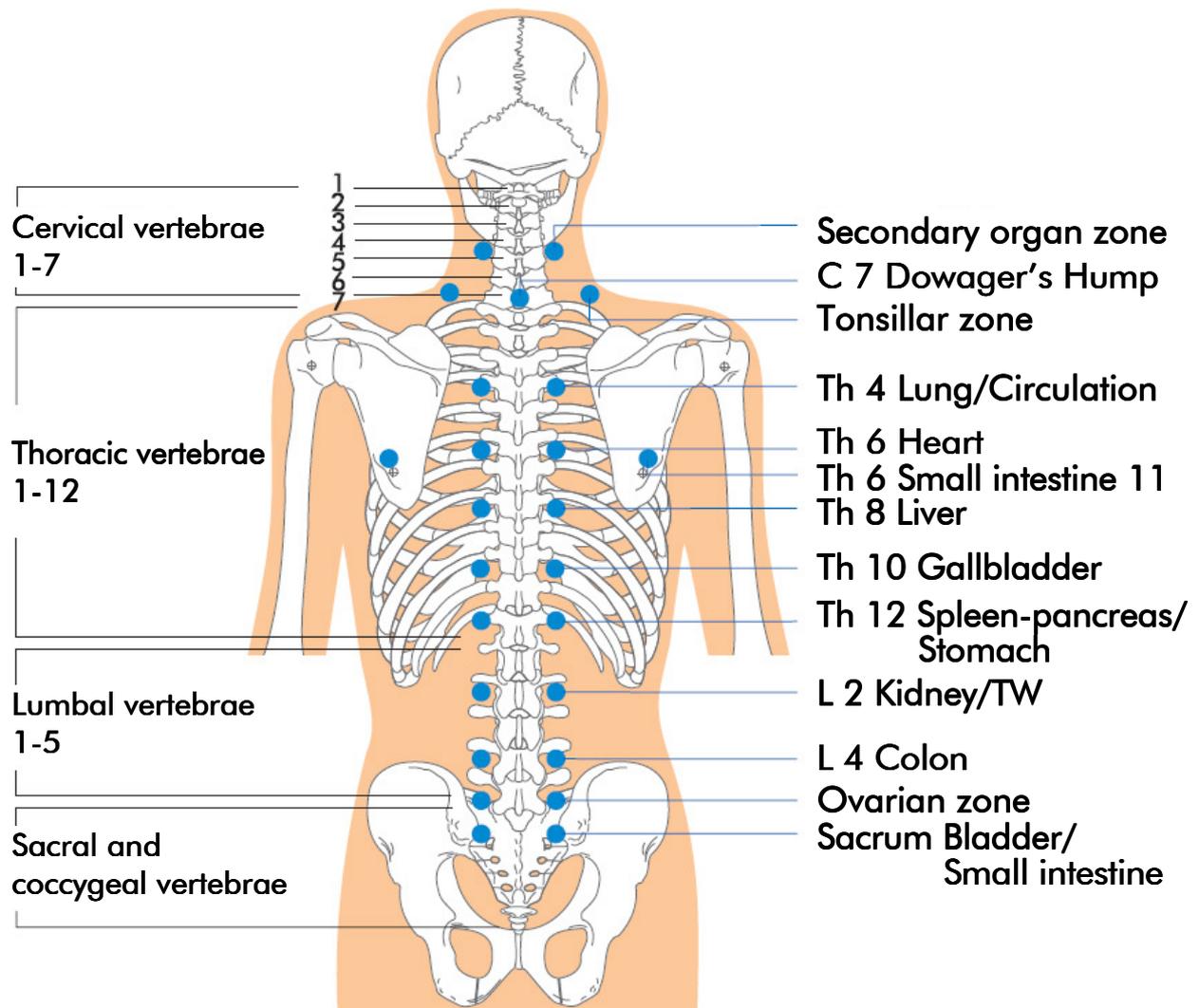
But older people too have a high regard for cupping because, besides detoxification, the way in which it loosens up the connective tissue around the shoulders and lumbar vertebra and the back area generally is particularly pleasant.

In the same vein I would like to finish by quoting Hippocrates, who said:

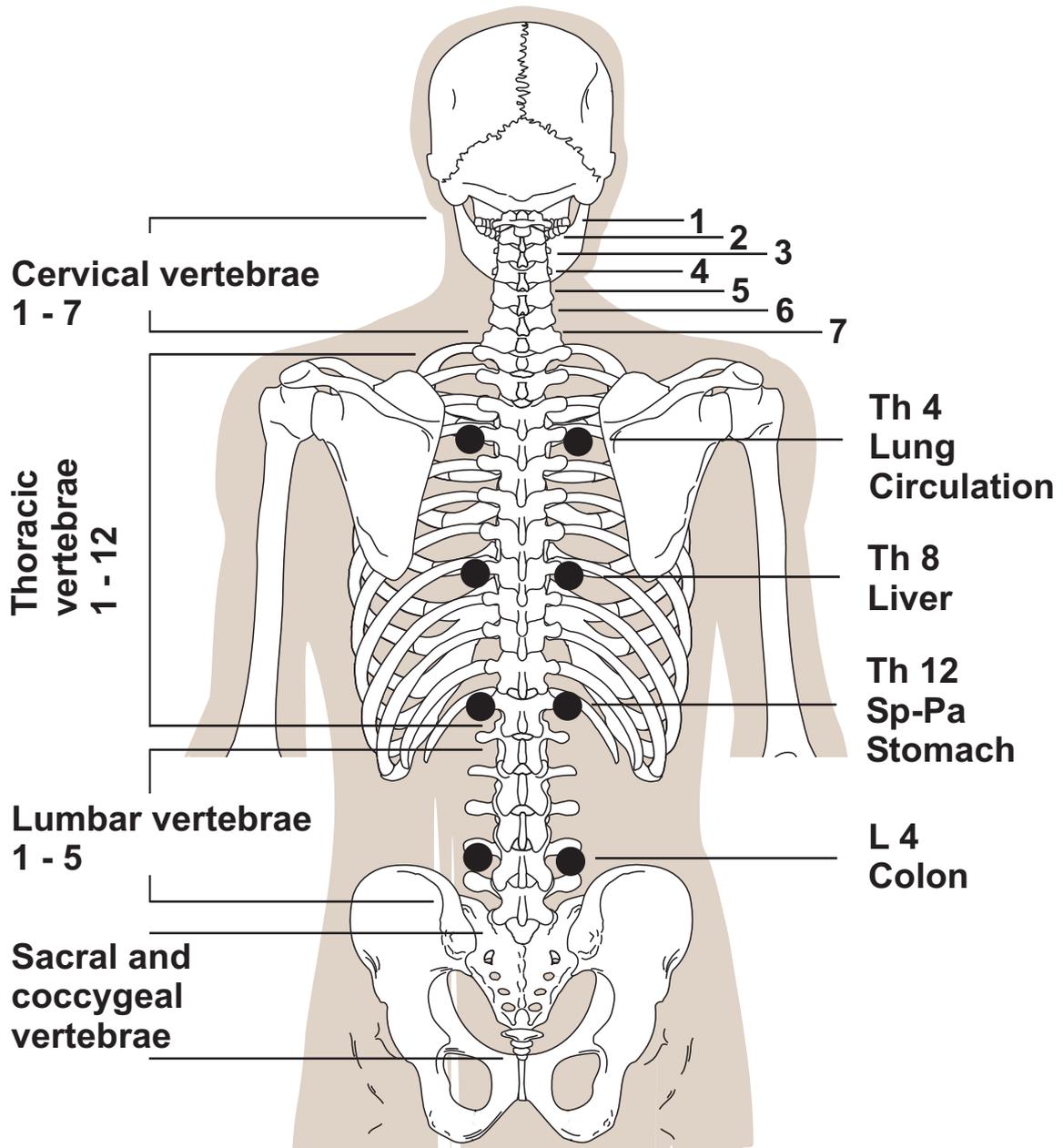
"Anyone disregarding and neglecting the experiences of their elders and believing only the latest treatment to be valid is fooling himself and everyone else."

Appendix

BICOM® cupping zones

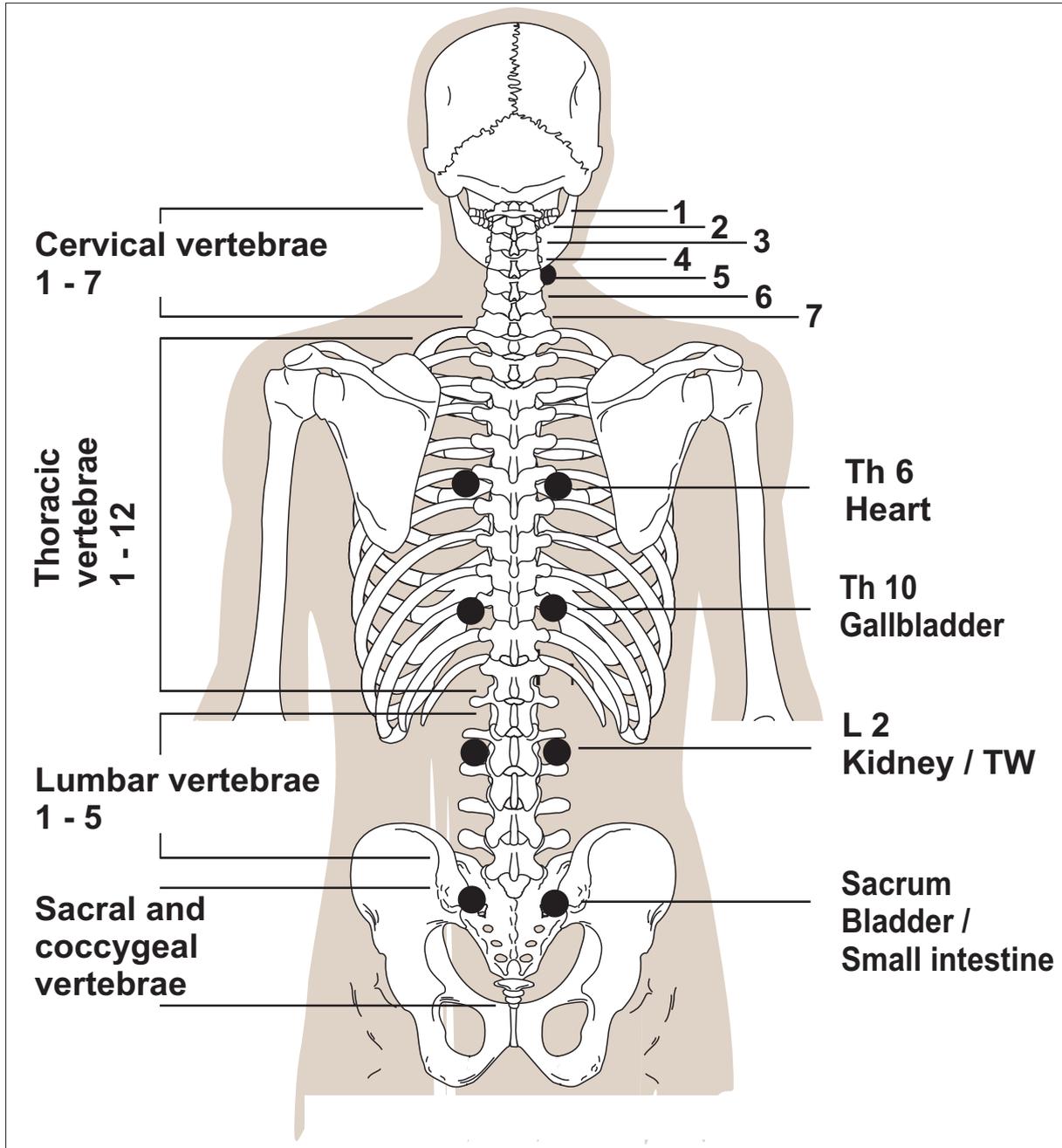


BASIS I



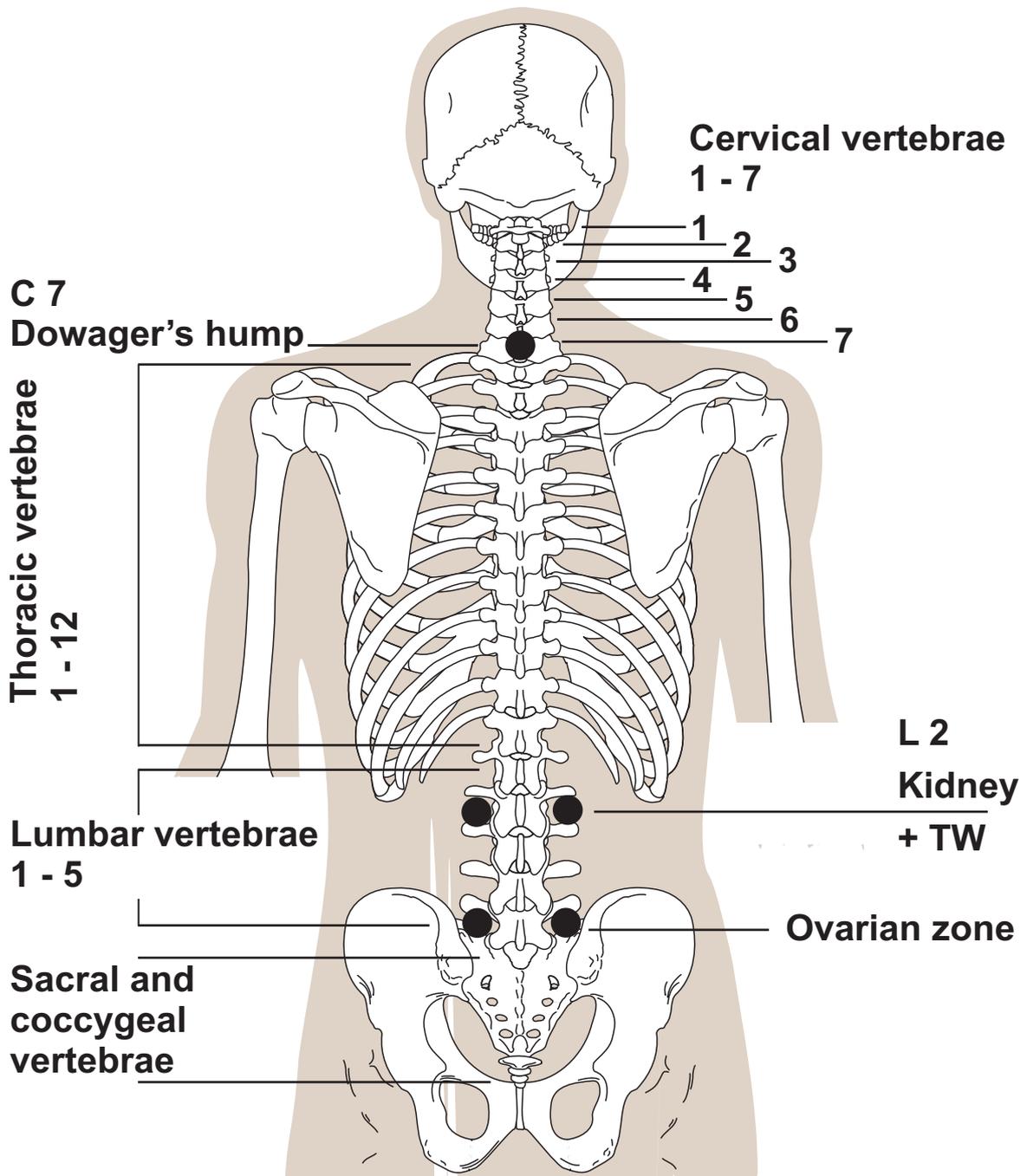
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BASIS II



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Menopausal symptoms



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