

Block programs

Temporomandibular joint / hyoid bone block:

530.2	(Temporomandibular joint correction 1st program)
570.9	(Temporomandibular joint 2nd program)
<u>Optima:</u>	
3054.0	(Jaw problems)

Blocks due to disturbed acid-base balance:

812.1	(Acid-base balance)
461.9, 442.3, 861.1	(Overacidity, stomach)
<u>Optima:</u>	
3109.0	(Acidaemia)
10103	(Overacidity, stomach)= 3109.0 (Acidaemia)
3102.0	(Heartburn), 461.5

Metabolic blocks:

530.4	(Metabolism treatment)
260.2	(Metabolism treatment, acute)
261.3	(Metabolism treatment, chronic)
910.1, 590.4, 518.2, 960.6, 970.7	(Improving protein metabolism)
360.5	(Lipometabolism treatment, acute)
361.2	(Lipometabolism treatment, chronic)
520.2, 835.2, 460.6, 250.2	(Improving lipometabolism)
846.0	(Improving adenosine triphosphate biosynthesis)
<u>Optima:</u>	
3028.0	(Large intestine problems (metabolism),
3038.0	(Fatty tissue regulation)
3036.0	(Regulating detoxification)
10159	(Metabolic disorder) = 3106.0, 3107.0, 530.4
10049	(Improving lipometabolism)=3038.0,520.2,250.2
10082	(Carbohydrate metabolism)= 819.1, 530.9, 500.5, 992.2

Scar blocks:

900.2	(Internal scars)
910.3	(Elimination of scar interference)
927.1	(Adhesions)
701.2	(Adhesions)
951.1	(Tissue block)
923.2	(Tissue process, chron.)
341.4	(Elimination of scar interference)
<u>Optima:</u>	
10175	(Adhesions)=
3125.0	(Cell regeneration, chronic),
927.1	(Adhesions)

Energetic blocks:

915.2	(Blocks (energetic), releasing)
918.0	(Blocks (energetic), releasing)

580.2	(Lack of energy)
583.1	(Lack of energy)
582.0	(Internal block)
507.0	(Yin Yang compensation)
<u>Optima:</u>	
3017.0	(Blocks, releasing /deep-seated)
3035.0	(Lack of energy, debility)
10027	(Blocks, releasing)= 918.0 (Energetic block),
3084.0	(Regulation general/Stress)

Geopathic blocks:

700.3	(Geopathy compensation)
701.1	(Electronic smog/ Radiation exposure)
702.0	(Radiation exposure, diffuse)
<u>Optima:</u>	
10160	(Radiation exposure)
3017.	(Release deep-seated blocks), 701.1

Hormonal Blocks:

934.1	(Hormonal imbalance)
980.2/ 981.1	(Hormonal regulation)
916.1	(Regulate pituitary gland)
548.0	(Thyroid/ hyperthyroidism)
549.1	(Thyroid hyperplasia)
851.0 , 121.3	(Stimulate releasing hormones)
841.0, 980.5	(Improving serotonin action)
<u>Optima:</u>	
3050.0	(Hormonal imbalance),
3048.0	(Hot flushes)
3030.0	(Improving glandular function)
10072	(Regulate pituitary gland): 916.1, 907.0
10070	(Hormonal imbalance), 3049.0 (Hormone regulation, gonads), 934.1
10181	(Menopausal symptoms)= 3017.0 (Releasing blocks) 594.0
10198	(Activating thyroid), 3087.0 (Thyroid problems),
934.3	(Activating thyroid)
10136	(Thyroid hyperplasia): 549.2(Hyperplasia),
3088.0	(Thyroid problems)
10006	(Regulate adrenalin secretion)= 844.0, 922.4

Vegetative fixation:

960. 4	(Vegetative dysregulation)
432.2	(Shock treatment/Depression/ Autoregulatory dysfunction)
827.4, 281.4	(Auto-regulatory disorders)
900.1	(Activating vitality)
940.2	(CNS disorders)
<u>Optima:</u>	
3027.0	(Depression, pharmacogenic, somatogenic, endocrinal)
3126.0	(Poor circulation)

3093.0 (Shock treatment, acute)
10170 (Veget. Dysregulation)= 3021.0 (Improving blood count),
960.4
10194 (CNS disorders) = 3032.0 (Circulatory problems),
3047.0 (Meningeal irritation),940.2
10147 (Shock treatment)= 3094.0, 3095.0, 241.4

MERIDIAN THERAPY IN THE LOW DEEP FREQUENCY RANGE – programs and electrode placement

Bl [BL] Bladder meridian 1 H+Di, low deep frequency, select bandpass, 4.4 Hz, wobble = yes, sym. amplification, H 6.30 Di 0.35, sweep speed 25 sec., duration = 4 min. Electrode positioning: Bladder.

Bl [BL] Bladder meridian 2 H+Di, low deep frequency, select bandpass, 8.8 Hz, wobble = yes, sym. amplification, H 2.20 Di 30.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Bladder

Ht [SK] Skin meridian 1 H+Di, low deep frequency, select bandpass, 7.0 Hz, wobble = yes, sym. amplification, H 4.70 Di 1.55, sweep speed 25 sec., duration = 4 min. Electrode positioning: Skin

Ht [SK] Skin meridian 2 H+Di, low deep frequency, select bandpass, 12.8 Hz, wobble = yes, sym. amplification, H 4.90 Di 1.40, sweep speed 25 sec., duration = 4 min. Electrode positioning: Skin

Lu [LU] Lung meridian 1 H+Di, low deep frequency, select bandpass, 10.2 Hz, wobble = yes, sym. amplification, H 0.90 Di 50.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Lungs

Lu [LU] Lung meridian 2 H+Di, low deep frequency, select bandpass, 10.2 Hz, wobble = yes, sym. amplification, H 1.40 Di 43.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Lungs

OD Metabolism meridian 1 H+Di, low deep frequency, select bandpass, 1.7 Hz, wobble = yes, sym. amplification, H 3.30 Di 14.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Solar plexus

OD Metabolism meridian 2 H+Di, low deep frequency, select bandpass, 11.2 Hz, wobble = yes, sym. amplification, H 2.20 Di 31.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Solar plexus

Ma [ST] Stomach meridian 1 H+Di, low deep frequency, select bandpass, 1.8 Hz, wobble = yes, sym. amplification, H 4.10 Di 2.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Solar plexus

Ma [ST] Stomach meridian 2 H+Di, low deep frequency, select bandpass, 7.2 Hz, wobble = yes, sym. amplification, H 1.80 Di 37.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Solar plexus

MP [SP] Spleen/Pancreas meridian 1 H+Di, low deep frequency, select bandpass, 2.4 Hz, wobble = yes, sym. amplification, H 4.50 Di 1.7, sweep speed 25 sec., duration = 4 min. Electrode positioning: Pancreas

MP [SP] Spleen/Pancreas meridian 2 H+Di, low deep frequency, select bandpass, 7.5 Hz, wobble = yes, sym. amplification, H 2.50 Di 26.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Pancreas

Gd [JD] Joint meridian 1 H+Di, low deep frequency, select bandpass, 3.4 Hz, wobble = yes, sym. amplification, H 4.30 Di 1.85, sweep speed 25 sec., duration = 4 min. Electrode positioning: Joint

Gd [JD] Joint meridian 2 H+Di, low deep frequency, select bandpass, 8.2 Hz, wobble = yes, sym. amplification, H 3.10 Di 17.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Joint

He [HE] Heart meridian 1 H+Di, low deep frequency, select bandpass, 4.0 Hz, wobble = yes, sym. amplification, H 2.90 Di 20.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Heart

He [HE] Heart meridian 2 H+Di, low deep frequency, select bandpass, 19.4 Hz, wobble = yes, sym. amplification, H 4.60 Di 1.65, sweep speed 25 sec., duration = 4 min. Electrode positioning: Heart

Dü [SI] Small intestine 1 H+Di, low deep frequency, select bandpass, 4.1 Hz, wobble = yes, sym. amplification, H 1.20 Di 45.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Small intestine

Dü [SI] Small intestine 2 H+Di, low deep frequency, select bandpass, 10.1 Hz, wobble = yes, sym. amplification, H 3.40 Di 13.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Small intestine

Kr [PC] Circulatory meridian 1 H+Di, low deep frequency, select bandpass, 4.5 Hz, wobble = yes, sym. amplification, H 6.00 Di 0.60, sweep speed 25 sec., duration = 4 min. Electrode positioning: Solar plexus

Kr [PC] Circulatory meridian 2 H+Di, low deep frequency, select bandpass, 19.7 Hz, wobble = yes, sym. amplification, H 5.40 Di 1.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Solar plexus

Le [LV] Liver meridian 1 H+Di, low deep frequency, select bandpass, 5.1 Hz, wobble = yes, sym. amplification, H 5.80 Di 0.75, sweep speed 25 sec., duration = 4 min. Electrode positioning: Liver

Le [LV] Liver meridian 2 H+Di, low deep frequency, select bandpass, 10.4 Hz, wobble = yes, sym. amplification, H 5.20 Di 1.15, sweep speed 25 sec., duration = 4 min. Electrode positioning: Liver

Di [LI] Large intestine meridian 1 H+Di, low deep frequency, select bandpass, 6.5 Hz, wobble = yes, sym. amplification, H 2.40 Di 28.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Large intestine

Di [LI] Large intestine meridian 2 H+Di, low deep frequency, select bandpass, 12.0 Hz, wobble = yes, sym. amplification, H 3.20 Di 15.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Large intestine

BD [CT] Connective tissue meridian 1 H+Di, low deep frequency, select bandpass, 6.6 Hz, wobble = yes, sym. amplification, H 5.0 Di 1.35, sweep speed 25 sec., duration = 4 min. Electrode positioning: Problem zone

BD [CT] Connective tissue meridian 2 H+Di, low deep frequency, select bandpass, 20.2 Hz, wobble = yes, sym. amplification, H 2.80 Di 21.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Problem zone

ND [ND] Nervous system meridian 1 H+Di, low deep frequency, select bandpass, 1.9 Hz, wobble = yes, sym. amplification, H 6.40 Di 0.25, sweep speed 25 sec., duration = 4 min. Electrode positioning: Hair parting

ND [ND] Nervous system meridian 2 H+Di, low deep frequency, select bandpass, 6.8 Hz, wobble = yes, sym. amplification, H 5.20 Di 1.20, sweep speed 25 sec., duration = 4 min. Electrode positioning: Hair parting

Al [AL] Allergy meridian 1 H+Di, low deep frequency, select bandpass, 4.7 Hz, wobble = yes, sym. amplification, H 6.0 Di 0.60, sweep speed 25 sec., duration = 4 min. Electrode positioning: Problem zone

Al [AL] Allergy meridian 2 H+Di, low deep frequency, select bandpass, 16.2 Hz, wobble = yes, sym. amplification, H 3.60 Di 10.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Problem zone

3E [TW] Triple warmer meridian 1 H+Di, low deep frequency, select bandpass, 3.9 Hz, wobble = yes, sym. amplification, H 4.90 Di 1.40, sweep speed 25 sec., duration = 4 min. Electrode positioning: Neck

3E [TW] Triple warmer meridian 2 H+Di, low deep frequency, select bandpass, 13.5 Hz, wobble = yes, sym. amplification, H 5.0 Di 1.30, sweep speed 25 sec., duration = 4 min. Electrode positioning: Neck

FD [LIP] Lipometabolism meridian 1 H+Di, low deep frequency, select bandpass, 4.8 Hz, wobble = yes, sym. amplification, H 3.40 Di 12.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Liver

FD [LIP] Lipometabolism meridian 2 H+Di, low deep frequency, select bandpass, 10.5 Hz, wobble = yes, sym. amplification, H 6.10 Di 0.50, sweep speed 25 sec., duration = 4 min. Electrode positioning: Liver

Gb [GB] Gallbladder meridian 1 H+Di, low deep frequency, select bandpass, 8.1 Hz, wobble = yes, sym. amplification, H 5.60 Di 0.90, sweep speed 25 sec., duration = 4 min. Electrode positioning: Gallbladder

Gb [GB] Gallbladder meridian 2 H+Di, low deep frequency, select bandpass, 18.4 Hz, wobble = yes, sym. amplification, H 4.30 Di 1.85, sweep speed 25 sec., duration = 4 min. Electrode positioning: Gallbladder

Ni [KI] Kidney meridian 1 H+Di, low deep frequency, select bandpass, 8.4 Hz, wobble = yes, sym. amplification, H 3.70 Di 8.0, sweep speed 25 sec., duration = 4 min. Electrode positioning: Kidneys

Ni [KI] Kidney meridian 2 H+Di, low deep frequency, select bandpass, 14.2 Hz, wobble = yes, sym. amplification, H 4.40 Di 1.75, sweep speed 25 sec., duration = 4 min. Electrode positioning: Kidneys

Ly [LY] Lymph meridian 1 H+Di, low deep frequency, select bandpass, 8.2 Hz, wobble = yes, sym. amplification, H 6.00 Di 0.55, sweep speed 25 sec., duration = 4 min. Electrode positioning: Problem zone

Ly [LY] Lymph meridian 2 H+Di, low deep frequency, select bandpass, 13,3 Hz, wobble = yes, sym. amplification, H 4.20 Di 1.90, sweep speed 25 sec., duration = 4 min. Electrode positioning:
Problem zone

Brain 1 H+Di, low deep frequency, select bandpass, 3.6 Hz, wobble = yes, sym. amplification, H 6.20 Di 0.45, sweep speed 25 sec., duration = 4 min.

Electrode positioning: Forehead

Brain 2 H+Di, low deep frequency, select bandpass, 10.2 Hz, wobble = yes, sym. amplification, H 4.20 Di 1.90, sweep speed 25 sec., duration = 4 min.

Electrode positioning: Forehead

Input electrode in the region of the corresponding organ:

In the case of the classic acupuncture meridians from traditional Chinese medicine, the electrodes are placed on the respective organs and, with Dr Voll's meridians, they are placed on the tried and tested points as indicated after the respective programme parameters.

With Dr Voll's meridians you will sometimes find "problem zones" indicated as the electrode position. This is the case, for instance, with the connective tissue meridian, the lymph meridian and the allergy meridian. This means that, when positioning the electrode, you should select the zone where the patient has a problem (e.g. region where there is eczema or swelling etc.) This also applies of course to the skin meridian. Here the electrode should be placed on the diseased area of the skin. With the lymph meridian, axillary or inguinal placement of the electrodes is of course an option..

Meridian flooding:

Input: button electrode (black cable) on the end points of the meridians

Output: button electrode (red cable) on the start points of the meridians and additionally the modulation mat on the patient's back.

The direction of flow is then reversed. The electrodes remain in position and the cables are exchanged, i.e. for the second run the end points of the meridians are located at the output (red cable) and the start points of the meridians at the input (black cable). The new adhesive electrodes are also ideal for use in this kind of therapy.

New therapy programs for treating adrenal fatigue and hormonal imbalance

ND Nervous system meridian 1

H+Di, low deep frequency, select bandpass, 1.9 Hz, wobble = yes, sym. amplification, H 6.40 Di 0.25, sweep speed 25 sec., duration = 4 min.

Electrode positioning: Hair parting

Brain 1

H+Di, low deep frequency, select bandpass, 3.6 Hz, wobble = yes, sym. amplification, H 6.20 Di 0.45, sweep speed 25 sec., duration = 4 min. Electrode positioning: Forehead

Brain 2

H+Di, low deep frequency, select bandpass, 10.2 Hz, wobble = yes, sym. amplification, H 4.20 Di 1.90, sweep speed 25 sec., duration = 4 min.

Electrode positioning: Forehead

"Intracellular stress" program:

H+Di, low deep frequency, bandpass 3.6 Hz, wobble = yes, interval = no, amplification sweep sym., amplification H 6.8 Di 15.0, amplification sweep = 50 sec. duration = 8 mins.

Input cup: saliva, possibly blood
Input: Solar plexus
Output: mat
In channel 2: "Stress" ampoule from the "Allergic stresses" test set,
alternatively: substance complex neurology/
Stress.

You can use this program to "unmask cells" too by running it prior to your testing.

H+Di, low deep frequency, bandpass 3.6 Hz, wobble = yes, amplification sweep sym., amplification H 3.2, Di 15.0, amplification sweep = 50 sec. duration = 3 mins.

Input cup: saliva, possibly blood
Input: Solar plexus
Output: mat
In channel 2: "Unmask cells" ampoule from the "Degenerated cells" test set

Program: Stress reduction

H+Di, low deep frequency, bandpass 4.3 Hz, wobble = yes, amplification sweep sym., amplification H 5.30, Di 1.10, amplification sweep rate = 10 sec. duration = 7 mins.

Input cup: saliva, poss. blood

Input: solar plexus
Output: mat
In channel 2: "Stress" ampoule from the "Allergic stresses" test set,
(alternatively "Neurology/ Stress" substance complex) plus ampoule
of primarily disturbed element (fairly often also "Water" ampoule)

Program: Pituitary control

H+Di, low deep frequency, bandpass, 4.2 Hz, wobble = yes, rising amplification sweep,
amplification
H = 6.8; Di = 10.0, amplification sweep rate 60 sec., duration = 7 min.

Input cup: saliva, poss. blood
Input: skull (GV20 area)
Output: mat
In channel 2: if necessary "Brain" ampoule from 5 element test set and /
or a substance complex from the endocrinology or neurology
category depending on testing

Program: Hormonal balance

H+Di, low deep frequency, bandpass sweep, sweep rate 120 sec., amplification sweep sym.,
amplification
H = 2.5; Di = 26.0, amplification sweep rate 40 sec., duration = 7 min.

Input cup: saliva, poss. blood
Input: skull (GV20 area), navel
Output: mat
In channel 2: if necessary "Triple warmer" ampoule from 5 element test set
and / or a substance complex from the endocrinology or
gynaecology category depending on testing

Program: Hormone regulation (Marcel Riffel)

H+Di, low deep frequency, bandpass 2.2 Hz, wobble = no, interval mode, constant amplification H
= 2.5, Di = 17.0, duration = 6 min.; Input cup: blood

Program: Improving vitality (Marcel Riffel)

Di, low deep frequency, bandpass 8.0 Hz, wobble = yes, continuous mode, constant amplification
Di = 18.0, duration = 13 min.

Input cup: saliva, poss. tears
Input: lungs
Output: mat

Program: Imprint

Ai, low deep frequency, bandpass sweep, sweep rate 120 sec., amplification sweep sym., amplification $A_i = 21.0$; amplification sweep rate 7 sec., duration = 9 min. (Test time!)

Input: imprint
Output: organ, tumour, joint or meridian

Test time and run program again with

Input: organ, tumour, joint or meridian
Output: imprint

Program: Adrenal activation

H+Di, standard frequency, bandpass 53.5 Hz, wobble = yes, continuous mode, rising amplification sweep, amplification, $H = 6.8$; $D_i = 7.0$; amplification sweep rate 20 sec., duration = 8 min.

Input cup: saliva, poss. blood
Input: kidneys/adrenal glands
Output: mat
In channel 2: if necessary "Triple warmer" ampoule from 5 element test set and / or a substance complex from the endocrinology or gynaecology category depending on testing (e.g. autoimmune adrenal gland, adrenal fatigue)

Program: Thyroid regulation

H, standard frequency, bandpass 62 Hz, wobble = yes, continuous mode, constant amplification, $H = 4.4$, duration = 5 min.

Input cup: saliva, poss. blood
Input: thyroid
Output: mat
In channel 2: if necessary "Triple warmer" ampoule from 5 element test set and / or a substance complex from the endocrinology category depending on testing

Program series: Pituitary control:

Program: Pituitary control, ND Nerve system meridian 1, Brain 2

Program series: Hormonal balance:

Program: Hormonal balance, Hormone regulation (Marcel Riffel), 3049.0 Hormone regulation

Program series: Adrenal activation

Program: Intracellular stress, Stress reduction, Adrenal activation

Program series: Thyroid regulation

Program: Thyroid regulation, 934.3 Activating thyroid gland, 3088.0 Thyroid problems